

## **WEBSITES for youth and young adults**

### **Youth One – Peer Support Chat Site**

A part of the Support Network of Edmonton, the website [www.youthone.com](http://www.youthone.com) is a youth orientated website with information, articles. Forums and a crisis chat room where teens can chat with their peers about problems or crisis in their lives. The website also has the Edmonton Crisis number posted, has volunteer opportunities and games

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### **Above The Influence**

A website for teens to deal with self esteem and peer pressure issues. Offer supports in regard to peer pressure, a questionnaire to asses whether the teen is under peer pressure and self esteem builders. [www.abovetheinfluence.com](http://www.abovetheinfluence.com)

*As of the writing of this page, the "above the influence" webpage was being nationally advertised on TV. I am not sure if it will be permanent or not.*

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### **Zoot 2**

A part of AADAC Zoot 2 is an interactive website for youth with information on alcohol, drugs, gambling, personal development and recovery; surveys, quizzes, forums and views. [www.zoot2.com](http://www.zoot2.com)

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### **My Room**

A part of AADAC, My Room is an interactive website for kids with games, quizzes and activities plus facts on alcohol, drugs, gambling, tobacco and other related subjects. [www.aadac4kids.com](http://www.aadac4kids.com)

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### **We are on to you**

A website sponsored by Alberta Government and private business. Weron2u is a website to teach kids about internet predators, how they act, how to avoid them, what to do if they find them selves in over the head.

[www.weron2u.ca](http://www.weron2u.ca)

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### **Youth.gc.ca**

A Federal Government website for youth 15 to 30 years of age. It is the place to tap into a wide variety of information. It could be giving you a hand finding a job, starting a business, get information on health, education, sports cultural activities and those services specific to your community. Youth can also join the Youth Connection Forum which is an online forum that provides young Canadians with a secure online environment where they can meet & interact with other youth from across the nation and engage in other Federal surveys and initiatives and have fun.

[www.youth.gc.ca](http://www.youth.gc.ca)